






# November 2017



| Mon   | Tue   | Wed   | Thu  | Fri  |
|---|---|---|--|--|
| <p><b>30 Breakfast:</b> Cream Cheese filled Bagel, Yogurt, Raisins, 100% Apple Juice, Milk</p> <p><b>Lunch:</b> Cheeseburger on WG Bun, Waffle Fries, Romaine Lettuce, Ranch Dressing, Melon, Oranges, Milk</p> | <p><b>31 Breakfast:</b> Muffins, String Cheese, Strawberries, 100% Orange Juice, Milk</p> <p><b>Lunch:</b> Taco Meat, WW Corn Chips, Cheese, Lettuce, Tomatoes, Refried Beans, Sour Cream, Salsa, Apples, Bananas, Milk</p> | <p><b>1 Breakfast:</b> Ham &amp; Cheese on WG Bagel, 100% Grape Juice, Pears, Milk</p> <p><b>Lunch:</b> Chicken Patties, WG Buns, Baked Fries, Frozen Sidekicks, Romaine Lettuce, Grapes, Apples, Milk</p>    | <p><b>2 Breakfast:</b> French Toast, Applesauce, 100% Apple Juice, Milk</p> <p><b>Lunch:</b> WG Corn Dog, Romaine Lettuce, French or Italian Dressing, Green Beans, Grapes, Applesauce Pouch, Milk</p> | <p><b>36 Breakfast:</b> Cereal Bowl Pack, Craisins, Milk</p> <p><b>Lunch:</b> Calzones, Carrots &amp; Celery, Romaine Lettuce, Apples, Oranges, Milk</p>                             |
| <p>6</p> <p><b>No School</b><br/><b>Staff Training</b></p>  | <p>7</p> <p><b>No School</b><br/><b>Staff Training</b></p>  | <p>8 <b>Breakfast:</b> Cheese Omelets, WW Toast, Peaches, 100% Grape Juice, Milk</p> <p><b>Lunch:</b> Chicken Nuggets, Baked Fries, WG Dinner Roll, Romaine Lettuce, Ranch Dressing, Grapes, Apples, Milk</p> | <p>9 <b>Breakfast:</b> Waffles, Applesauce, 100% Orange Juice, Milk</p> <p><b>Lunch:</b> WG Sub Bun, Ham or Turkey, Cheese, Lettuce, Tomatoes, Sun Chips, Mayo, Oranges, Banana, Milk</p>              | <p>10 <b>Breakfast:</b> Cereal Bowl Packs, Craisins, Milk</p> <p><b>Lunch:</b> Ham &amp; Cheese Stuffer, Romaine Lettuce, Carrots &amp; Broccoli, Ranch Dip, Apples, Melon, Milk</p> |
| <p>13 <b>Breakfast:</b> Sausage &amp; Cheese Bagel, Pears, 100% Apple Juice, Milk</p> <p><b>Lunch:</b> Chicken Nuggets, Baked Fries, WG Dinner Roll, Romaine Lettuce, Ranch Dressing, Grapes, Apples, Milk</p>  | <p>14 <b>Breakfast:</b> Scrambled Eggs, WG Toast, Peaches, 100% Orange Juice, Milk</p> <p><b>Lunch:</b> Taco Meat, WW Corn Chips, Cheese, Lettuce, Tomatoes, Refried Beans, Sour Cream, Salsa, Apples, Oranges, Milk</p>    | <p>15</p> <p><b>No School</b></p>  <p><b>Deer Day!</b></p>  | <p>16 <b>Breakfast:</b> Muffins, String Cheese, Applesauce, 100% Orange Juice, Milk</p> <p><b>Lunch:</b> Ham, Baby Bakers, Romaine Lettuce, Ranch Dressing, WG Dinner Roll, Grapes, Apple, Milk</p>    | <p>17 <b>Breakfast:</b> Cereal Bowl Packs, Craisins, Milk</p> <p><b>Lunch:</b> Pizza Romaine Lettuce, Carrots, Frozen Sidekicks, Oranges, Pineapple, Milk</p>                        |
| <p>20 <b>Breakfast:</b> Sausage &amp; Pancake Wrap, Applesauce, Craisins, Milk</p> <p><b>Lunch:</b> Hot Dog, WG Buns, Baked Beans, Romaine Lettuce with Cukes &amp; Tomatoes, Melon, Banana, Milk</p>           | <p>21 <b>Breakfast:</b> Nutri-Grain Cereal Bar, Yogurt, 100% Grape Juice, Banana, Milk</p> <p><b>Lunch:</b> WG Sub Bun, Ham or Turkey, Cheese, Lettuce, Tomatoes, Sun Chips, Mayo, Oranges, Banana, Milk</p>                | <p>22</p>   | <p>23</p> <p><b>No School</b><br/><b>Happy Thanksgiving</b></p>  | <p>24</p>   |
| <p>27 <b>Breakfast:</b> Cream Cheese filled Bagel, Yogurt, Raisins, 100% Apple Juice, Milk</p> <p><b>Lunch:</b> Cheeseburger on WG Bun, Waffle Fries, Romaine Lettuce, Ranch Dressing, Melon, Oranges, Milk</p> | <p>28 <b>Breakfast:</b> Muffins, String Cheese, Strawberries, 100% Orange Juice, Milk</p> <p><b>Lunch:</b> Taco Meat, WW Corn Chips, Cheese, Lettuce, Tomatoes, Refried Beans, Sour Cream, Salsa, Apples, Oranges, Milk</p> | <p>29 <b>Breakfast:</b> Ham &amp; Cheese on WG Bagel, 100% Grape or Apple Juice, Milk</p> <p><b>Lunch:</b> Chicken Patties, WG Buns, Baked Fries, Frozen Sidekicks, Romaine Lettuce, Grapes, Apples, Milk</p> | <p>30 <b>Breakfast:</b> French Toast, Applesauce, 100% Apple Juice, Milk</p> <p><b>Lunch:</b> Meatballs, Mashed Potatoes, Romaine Lettuce, Fruit Slushies, Craisins, Milk</p>                          | <p>1 <b>Breakfast:</b> Cereal Bowl Pack, Craisins, Milk</p> <p><b>Lunch:</b> Calzones, Carrots &amp; Celery, Romaine Lettuce, Apples, Oranges, Milk</p>                              |

USDA is an equal opportunity provider and employer.  
 Milk Served at every meal: Lowfat Unflavored, Fat Free Unflavored, Fat Free Chocolate ( Friday Lunch) .  
 All Juice served is 100% Fruit Juice.  
 \* Meals Subject to change if needed. \*