








# Summer Kid Zone July 2017

Mon	Tue	Wed	Thu	Fri
<p>3</p> 	<p>4</p> <p><b><u>No Kid Zone</u></b></p>		<p>5</p> 	<p>6</p> 
<p><b>10 Breakfast:</b> Cereal Bowl Packs, Banana, Milk</p> <p><b>Lunch:</b> Hot Dog or Brat, WW Bun, Chips, Carrots, Ranch Dressing, Apples, Milk</p>	<p><b>11 Breakfast:</b> Fruedels/ Doughnuts, String Cheese, 100% Apple Juice, Craisins, Milk</p> <p><b>Lunch:</b> Ham or Turkey Subs, Fresh Veggies, Sun Chips, Apples, Oranges, Milk</p>	<p><b>12 Breakfast:</b> Egg &amp; Cheese Bagel, Peaches, 100% Orange Juice, Milk</p> <p><b>Lunch:</b> Chicken Nuggets, Baked Fries, Romaine Lettuce, Ranch Dressing, Watermelon, Oranges, Milk</p>	<p><b>13 Breakfast:</b> Scrambled Eggs, WW Toast, 100% Apple or Orange Juice, Milk</p> <p><b>Lunch:</b> Hamburger, WW Bun, Cheese, Broccoli &amp; Celery, Romaine Lettuce, Ranch Dressing, Banana, Fruit Slushies, Milk</p>	<p>14</p> 
<p><b>17 Breakfast:</b> Poptart, String Cheese, Banana Craisins, Milk</p> <p><b>Lunch:</b> Chicken Patty/ WW Bun, Baked Fries, Romaine Lettuce, French or Italian Dressing, Melon, Apple, Milk</p>	<p><b>18 Breakfast:</b> Egg &amp; Cheese Omelets, WW Toast, 100% Grape Juice, Peaches, Milk</p> <p><b>Lunch:</b> Taco Meat, Tortilla Chips, Lettuce, Tomato, Cheese, Salsa, Oranges, Grapes, Milk</p>	<p><b>19 Breakfast:</b> Cinnamon French Toast, Applesauce, 100% Orange Juice, Milk</p> <p><b>Lunch:</b> Ham, Baby Bakers, Dinner Roll, Romaine Lettuce, Ranch Dressing, Pineapple, Banana, Milk</p>	<p><b>20 Breakfast:</b> Cereal Bowl Pack, Banana, Milk</p> <p><b>Lunch:</b> Calzones, Fresh Veggies, Mandarin Oranges, Romaine Lettuce, Ranch Dressing, Fruit Slushies, Milk</p>	<p>21</p> 
<p><b>24 Breakfast:</b> Breakfast Pizza, Pears, 100% Grape Juice, Milk</p> <p><b>Lunch:</b> Pork Patties, Potato Wedges, Romaine Lettuce, Ranch Dressing, Apple, Fruit Slushies, Milk</p>	<p><b>25 Breakfast:</b> Cereal Bowl Packs, Banana, Milk</p> <p><b>Lunch:</b> Ham or Turkey Subs, Lettuce, Tomatoes, Pickles, Sun Chips, Apples, Oranges, Milk</p>	<p><b>26 Breakfast:</b> English Muffin, String Cheese, Strawberries, 100% Apple Juice, Milk</p> <p><b>Lunch:</b> Ravioli, Green Beans, Goldfish Crackers, Romaine Lettuce, Ranch Dressing, Grapes, Banana, Milk</p>	<p><b>27 Breakfast:</b> Boiled Eggs, WW Toast, Banana, 100% Orange Juice, Milk</p> <p><b>Lunch:</b> Cheeseburgers, WW Bun, Romaine Lettuce, Carrots &amp; Cukes, Ranch Dressing, Melon, Oranges, Milk</p>	<p>28</p>  <p style="font-size: small;">shutterstock 136152794</p>
<p><b>31 Breakfast:</b> Cereal Bowl Packs, Banana, Milk</p> <p><b>Lunch:</b> Hot Dog or Brat, WW Bun, Chips, Carrots, Ranch Dressing, Apples, Milk</p>				

USDA is an equal opportunity provider and employer."  
Milk Served at every meal: Lowfat Unflavored, Fat Free Unflavored, Fat Free Chocolate ( Friday Lunch) .  
All Juice served is 100% Fruit Juice.